



Curriculum Vitae

KHURAM A. SIAL, MD

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SUMMARY:

Harvard trained, award-winning physician board certified in both Pain Management and Physical Medicine & Rehabilitation. Extensive experience using minimally invasive needle injections and surgical spine procedures to relieve pain. Active clinician.

CERTIFICATIONS:

- Board Certified Diplomate of the American Board of Physical Medicine & Rehabilitation (ABPMR) 7/01/06 - 12/31/2026
- Subspecialty Certification in Pain Medicine through ABPMR 9/15/07-12/31/2017

PROFESSIONAL EMPLOYMENT:

- American Spine, A Professional Corporation, Chairman of the Board and Chief Executive Officer (Multiple Locations in Southern California) 8/01/2012-Present. www.americanspinegroup.com
- PainMedGroup, Inc., Murrieta, CA 5/01/2006 - 9/30/2012

EDUCATION:

- Beth Israel Deaconess Medical Center, Harvard Medical School Accredited Pain Fellowship - Department of Anesthesia, Critical Care, and Pain Medicine
- Baylor College of Medicine Residency - Department of Physical Medicine and Rehabilitation; Houston, TX 2001-2004
- Riverside Regional Medical Center Internship - Transitional Program Newport News, VA 2000-2001
- Ross University School of Medicine Medical Degree
Dominica, West Indies 1996-2000
- University of California, Riverside Bachelor of Science, Biochemistry,
Riverside, CA 1991-1995

AWARDS:

- *Vitals Top Compassionate Doctor Award 2014*
- *Vitals Top 10 Doctor Award*, Rated and Awarded by patients, Voted as one of California's Top 10 Pain Medicine Specialists, 2013 and 2014
- *Vitals Patient's Choice Award*. Selected as one of California's Favorite Physicians, 2012, 2013 & 2014
- 2nd place research award: Lewis Leavitt Memorial Lectureship, June 2003, Sial K, Francisco G, *Neuro-Optometric Findings During Acute Brain Injury Rehabilitation*, Archives of Physical Medicine & Rehabilitation 2002, vol:41 pp.1649-1650.

HOSPITAL AFFILIATIONS:

- Inland Valley Medical Center, Murrieta 10/17/2005 - Present
- Rancho Springs Medical Center, Murrieta 10/17/2005 - Present
- Loma Linda University Murrieta Center, Murrieta 5/01/2013 – 5/01/2017
- Corona Regional Medical Center, Corona 1/2017 - Present

CLINICAL TRIAL:

- Parexel. Investigation drug as a non-operative treatment of herniated disc disease.

LEADERSHIP ACTIVITIES:

- Faculty Trainer/Teacher: Max-More Lumbar Endoscopic Discectomy Training Program, Frederick, MD August 2017
- *Membership Committee*, (the only resident committee member) - American Academy of Pain Medicine – 2003
- *Membership Committee*, (the only resident committee member) - American Academy of Pain Medicine – 2004
- *Membership Committee*, (the only fellow committee member) - American Academy of Pain Medicine – 2005
- *Membership Committee*, American Academy of Pain Medicine – 2006
- *Membership Committee*, American Academy of Pain Medicine – 2007
- *AMA RFS Delegate*, AAPM&R Resident Physician Council - 2002-2003
- *AMA RFS Alternate Delegate*, AAPM&R Resident Physician Council - 2001-2002

PROFESSIONAL MEMBERSHIPS:

- Diplomate of the American Board of Interventional Pain Physicians (ABIPP)
10/22/2016 -12/31/2026
- American Society of Interventional Pain Physicians since April 2014 - Lifetime Member
- Spine Intervention Society – since May 2012
- American Society of Addiction Medicine – Since July 2011
- California Society of Addiction Medicine – Since July 2015
- American Academy of Pain Medicine – Since July 2013
- American Academy of Physical Medicine and Rehabilitation 2001-2005, 2016

PUBLICATIONS:

1. **Sial K**, Simopoulos T, Malik A, *Suprascapular Nerve Block* (Chapter), Manchikanti L, A Practical Guide to Interventional Techniques, 2006.
2. **Sial K**, Simopoulos T, Bajwa Z, Warfield, C., *Cervical Facet Syndrome* (Chapter 53) Waldman, Pain Management Textbook, Volume 1.
3. **Sial K**, Aner M, Simopoulos T, Bajwa ZH, *A Novel Technique for the Treatment of Shoulder Pain: Percutaneous Radiofrequency Lesioning of Suprascapular Nerve for the Treatment of Inoperable Shoulder Pain*, Pain Physician, 2006.
4. **Sial K**, Bajwa Z, *Combining Opioids for Neuropathic Pain*. Journal Watch Neurology, New England Journal of Medicine, August 2005, Vol. 7 No. 8, pp.59-60.
5. Simopoulos T, Malik A, **Sial K**, Elkersh M, Bajwa ZH, *Radiofrequency Lesioning of the L2 Ramus Communicans in Managing Discogenic Low Back Pain*, Pain Physician, 2005;8:61-65
6. Bajwa Z, **Sial K**, Malik A, Steinman T. *Pain Patterns in Patients with Polycystic Kidney Disease*, Kidney International, Vol. 66 (2004), pp. 1561-1569.
7. **Sial K** *A Note from the AAPM&R AMA-RFS Delegate: AMA Update*: In: The PM&R Resident, Vol. 12, No. 1. Winter 2002.

PRESENTATIONS:

1. Bajwa ZH, Wootton J, Kraemer JJ, **Sial K**, Pradeep C, Ahmed A, Steinman TI. *Utilization Patterns of Antidepressants in a Multidisciplinary Pain Center*, Abstract presentation, Poster #128, AAPM 22nd Annual Meeting, Feb 2006.
2. Gopalani A, **Sial K**, Wootton J et al, *The Use of Anti-Depressants in Pain*, Dept of Anesthesia, Beth Israel Deaconess Medical Center, Harvard Medical School, Research Day Poster Presentation, 11/16/2004.
3. **Sial K**, Francisco G, *Neuro-Optometric Findings During Acute Brain Injury Rehabilitation*, Archives of Physical Medicine & Rehabilitation 2002, vol:41

pp.1649-1650, Poster presentation at the American Academy of Physical Medicine and Rehabilitation (AAPM&R) Annual Meeting, Orlando World Center Marriott, Florida, November 21-23, 2002. Poster # 23. Presented at Lewis Leavitt Memorial Lectureship, June 2003 (2nd place research award).

4. **Sial K**, Malik A, Bajwa Z. *Tiagabine for Prophylaxis of Chronic Daily Headache with Migrainous Features*. American Academy of Physical Medicine and Rehabilitation; Poster presentation at 2003 annual meeting.

EXTRACURRICULAR CLINICAL ACTIVITIES:

- Team Physician for Houston ISD Football Teams 2001 to 2003. Covered the most athletic games (> 100) of any resident in the Texas Medical Center for 3 years.
- Volunteer Physician for Houston Marathon - 2002 & 2003
- Texas Sports Combine Physician Examiner comprehensive pre-participation physical exams for high school athletes with Dr. John Cianca, over 10,000 participants Spring 2002 & 2003.

LICENSES & REGISTRATIONS:

- Full Active California Medical - Lic # A90421; issued 03/09/2005 Exp: 02/28/2019
- Federal DEA Controlled Substance Registration No. BS8877156 7/09/04 – 2/28/19
- Buprenorphine DEA Controlled Substance Registration No. XS8877156, 2006-Current
- ECFMG Certificate No. 0-595-619-8; issued 6/26/1998 – Valid Indefinitely
- Fluoroscopy X-Ray Supervisor and Operator; Permit # RHC 164094; valid until: January 31, 2017
- NIDA Clinical Trials Network Good Clinical Practices 6 hour course completion; valid until April 24, 2017
- The National Institute of Health (NIH) Office of Extramural Research successful completion of training course “Protecting Human Research Participants”; February 10, 2014; Certificate #: 1397279
- National Provider Identifier: 1508825381

LANGUAGES:

English, Spanish and Urdu